

THE ACADEMY OF CENTRAL FLORIDA

VOLLEYBALL PROGRAM





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MISSION

THE ACADEMY VOLLEYBALL PROGRAM'S GOAL IS TO CREATE A SETTING WHERE GIRLS CAN MAXIMIZE THEIR HIGHEST ACADEMIC, ATHLETIC, AND PERSONAL POTENTIAL, BOTH AT THE ACADEMY OF CENTRAL FLORIDA AND AFTER HIGH SCHOOL. WE THINK THAT STUDENT-ATHLETES WILL ACQUIRE THE NECESSARY LIFE SKILLS THROUGH THE PROGRAM'S CORE BELIEFS.

THE ACADEMY IS COMMITTED TO GIVING ITS ATHLETES THE TECHNICAL, STRATEGIC, PHYSICAL, AND MENTAL TRAINING REQUIRED TO REALIZE THEIR FULL VOLLEYBALL POTENTIAL. OUR PROGRAM TEACHES COLLABORATION, SELF-DISCIPLINE, GOAL-SETTING, PERSONAL RESPONSIBILITY, THE ESTABLISHMENT OF HIGH STANDARDS, AND THE JOY OF INDIVIDUAL AND TEAM ACCOMPLISHMENTS TO THE PLAYERS WHO PARTICIPATE IN IT



VISION

THE BASIC FOUNDATION IDEALS OF THE ACADEMY ARE EXCELLENCE, LEADERSHIP, INITIATIVE, AND TEAMWORK. DIVERSE ATHLETES COMMITTED TO THESE IDEALS, AS WELL AS TO EFFORT, DISCIPLINE, SPORTSMANSHIP, COMPETITIVENESS, AND OPPORTUNITY, ARE WELCOMED INTO AND DEVELOPED BY OUR PROGRAM.

THE ACADEMY OF CENTRAL FLORIDA ASPIRES TO SERVE AS AN EXAMPLE OF A CUTTING-EDGE, ENCOURAGING, AND COMPETITIVE LEARNING ENVIRONMENT WITH DEDICATED INSTRUCTORS AND MOTIVATED ATHLETES WHO DESIRE TO ACQUIRE CRITICAL ABILITIES FOR BOTH ON AND OFF THE COURT. OUR PLAYERS, COACHES, THE ACADEMY FAMILY MEMBERS STRIVE TO CREATE A CULTURE THAT SUPPORTS .

THE GROWTH OF THE ATHLETE AS A WHOLE AS THEY:

ACKNOWLEDGE THEIR OWN SKILL AND RESPECT THAT OF OTHERS
STRIVE FOR SUCCESS IN THEIR PERSONAL, INTELLECTUAL, AND ATHLETIC ENDEAVORS
EXPRESS AND LIVE OUT THEIR IDEAS

LEARN HOW TO SPEAK OUT FOR ONESELF


REACHING THEIR OBJECTIVES OF PARTICIPATING IN COLLEGIATE SPORTS



PLAYER EXPECTATIONS

FULL ACADEMIC YEAR OF PLAYER DEVELOPMENT

- WORK AS A TEAM. RESPECT YOUR COACHES AND TEAMMATES AT ALL TIMES
- BE COACHABLE AND OPEN TO THE COACHES' CRITICISM
- STRIVE TO BE UPBEAT
- VARSITY NATIONAL, REGIONAL AND JV LEVEL TEAMS
- TOURNAMENTS/EXPOSITION
- IN-STATE TOURNAMENTS
- OUT OF STATE TOURNAMENTS
- OPPORTUNITY TO VISIT COLLEGES AND UNIVERSITIES (NCAA, NJCAA, NAIA)
- OPPORTUNITY TO SPEAK WITH COLLEGE COACHES (NCAA, NJCAA, NAIA)
- SKILLS TRAINING
- DAILY VOLLEYBALL PRACTICES
- HIGH PERFORMANCE DAILY WORKOUTS/CONDITIONING SESSIONS
- TEAM SCOUT REPORTS
- TEAM COMMUNITY SERVICE



**THE
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OF CENTRAL FLORIDA



THE ACADEMY OF CENTRAL FLORIDA

DETAILS OF THE PROGRAM



DISCOVER OUR STATE-OF-THE-ART SPORTS FACILITIES; DESIGNED TO ENHANCE THE PERFORMANCE AND WELL-BEING OF OUR STUDENTS. WE FEATURE A SPACIOUS FITNESS ROOM EQUIPPED WITH THE LATEST IN TRAINING MACHINERY AND WEIGHTS. OUR REGULATION BASKETBALL COURT PROVIDES AN OPTIMAL SPACE FOR TRAINING AND COMPETITIONS, ENSURING A TOP-NOTCH PLAYING EXPERIENCE. ADDITIONALLY, WE HAVE ATHLETIC TRACKS AND OUTDOOR PLAYING FIELDS, IDEAL FOR SOCCER, TRACK AND FIELD, AND OTHER SPORTS PRACTICES. EACH AREA IS DESIGNED WITH THE SAFETY AND COMFORT OF ATHLETES IN MIND.

THE ACADEMY CENTRAL FLORIDA, WE ENSURE THAT OUR STUDENTS ENJOY A SAFE AND COMFORTABLE RESIDENTIAL ENVIRONMENT, WHICH IS WHY ALL OUR HOMES ARE EQUIPPED WITH ESSENTIAL AMENITIES. MOREOVER, TO FACILITATE COMMUTING, WE HAVE AN EFFICIENT TRANSPORTATION SYSTEM. OUR VANS REGULARLY CIRCULATE BETWEEN THE MAIN POINTS AND RESIDENTIAL AREAS, ENSURING THAT STUDENTS CAN GET TO THEIR CLASSES AND ACTIVITIES QUICKLY AND SAFELY.



SAMMYRA ALBARRAN

DIRECTOR OF VOLLEYBALL AND HEAD COACH

PLAYER CAREER

- COLLEGE PLAYER 2017/2022
- 2018 MVP OF THE YEAR
- 2018 ALL-CONFERENCE SECOND TEAM
- 2019 THE SUN CONFERENCE INDOOR CHAMPION
- 2021 THE SUN CONFERENCE BEACH VB CHAMPION
- 2022 THE SUN CONFERENCE FINAL FOUR

COACH CAREER

- MIAMI HYPE COACH 2019-2022
- 2022 SEASON 3 BIDS WON
- 09/2022 SUNSHINE STATE TOURNAMENT CHAMPIONS
- 11/22 ANGEL MATOS TOURNAMENT CHAMPIONS



THE ACADEMY OF CENTRAL FLORIDA SEASON SCHEDULE



SEASON 2023-2024



- WPVC HOLIDAY OPEN/USA KICKOFF
- 2024 OVA AAU WINTER BASH
- 2024 AAU FIELDHOUSE CHALLENGE
- 2024 PREZ DAY INVITATIONAL



POWERED BY 

- 2024 OVA AAU CLOVERLEAF CLASSIC
- 2024 AAU SPRING FLING
- 2024 CLEARWATER CHALLENGE
- 2024 TANGERINE TANGO GRAND PRIX





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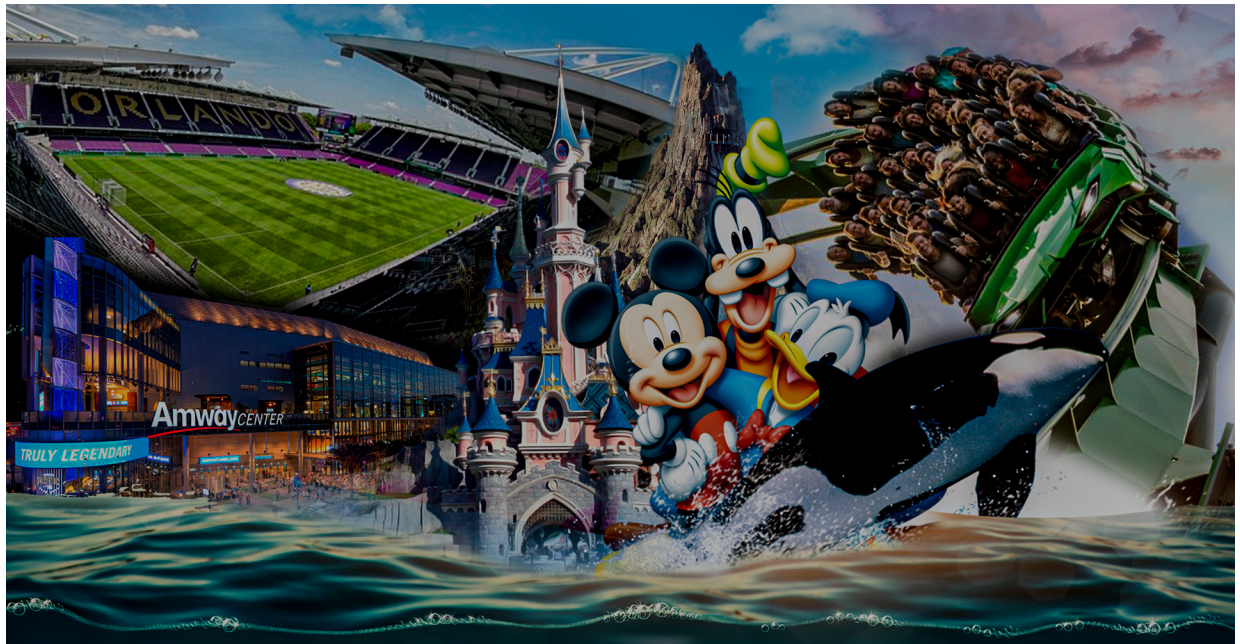


THE ACADEMY OF CENTRAL FLORIDA COMMUNITY SERVICE



THROUGH THEIR DEDICATION TO COMMUNITY SERVICE, STUDENT-ATHLETES AT THE ACADEMY OF CENTRAL FLORIDA ARE NOT ONLY MAKING A POSITIVE IMPACT TODAY BUT ARE ALSO DEVELOPING THE SKILLS AND VALUES THAT WILL MAKE THEM EXEMPLARY LEADERS IN THE FUTURE. THEIR EXPERIENCES DEMONSTRATE THE PROFOUND EFFECT THAT GIVING BACK CAN HAVE ON PERSONAL GROWTH AND LEADERSHIP DEVELOPMENT.





**EXPAND YOUR HORIZONS AT THE TOURISM
CAPITAL OF THE WORLD**





THE ACADEMY OF CENTRAL FLORIDA TUITION PACKAGES

BOARDING PACKAGE

- \$54,450 USD

COMMUTER PACKAGE

- \$24,450 USD

BOARDING PACKAGES INCLUDE:

- HOUSING
- CHEF CATERED MEALS - 3 PER DAY (MONDAY TO FRIDAY)
- HOUSING
- TRANSPORTATION
- GEAR PACKAGE
- TOURNAMENT PLAY + LODGE





THE ACADEMY OF CENTRAL FLORIDA
LET'S CONNECT



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