

THE ACADEMY OF CENTRAL FLORIDA

BOY'S VOLLEYBALL PROGRAM





THE ACADEMY OF CENTRAL FLORIDA

CONTENTS

02	MISSION
03	VISION
04	PLAYER EXPECTATIONS
06	DETAILS OF THE PROGRAM
07	DIRECTOR OF VOLLEYBALL AND HEAD COACH
08	SEASON SCHEDULE
10	COMMUNITY SERVICE
12	TUITION PCKAGES
13	CONTACT



MISSION

THE GOAL OF THE ACADEMY'S VOLLEYBALL PROGRAM IS TO PROVIDE AN ENVIRONMENT WHERE PLAYERS CAN MAXIMIZE THEIR ACADEMIC, ATHLETIC, AND PERSONAL POTENTIAL, BOTH AT THE ACADEMY OF CENTRAL FLORIDA AND BEYOND HIGH SCHOOL. WE BELIEVE THAT THROUGH THE PROGRAM'S CORE PRINCIPLES, STUDENT-ATHLETES WILL DEVELOP ESSENTIAL LIFE SKILLS.

THE ACADEMY IS COMMITTED TO OFFERING ITS PLAYERS THE TECHNICAL, STRATEGIC, PHYSICAL, AND MENTAL TRAINING NECESSARY TO REACH THEIR HIGHEST PERFORMANCE IN VOLLEYBALL. OUR PROGRAM PROMOTES TEAMWORK, SELF-DISCIPLINE, GOAL-SETTING, PERSONAL RESPONSIBILITY, THE PURSUIT OF EXCELLENCE, AND THE FULFILLMENT OF BOTH INDIVIDUAL AND TEAM ACHIEVEMENTS.

VISION

THE BASIC FOUNDATION IDEALS OF THE ACADEMY ARE EXCELLENCE, LEADERSHIP, INITIATIVE, AND TEAMWORK. DIVERSE ATHLETES COMMITTED TO THESE IDEALS, AS WELL AS TO EFFORT, DISCIPLINE, SPORTSMANSHIP, COMPETITIVENESS, AND OPPORTUNITY, ARE WELCOMED INTO AND DEVELOPED BY OUR PROGRAM.

THE ACADEMY OF CENTRAL FLORIDA ASPIRES TO SERVE AS AN EXAMPLE OF A CUTTING-EDGE, ENCOURAGING, AND COMPETITIVE LEARNING ENVIRONMENT WITH DEDICATED INSTRUCTORS AND MOTIVATED ATHLETES WHO DESIRE TO ACQUIRE CRITICAL ABILITIES FOR BOTH ON AND OFF THE COURT. OUR PLAYERS, COACHES, THE ACADEMY FAMILY MEMBERS STRIVE TO CREATE A CULTURE THAT SUPPORTS.

THE GROWTH OF THE ATHLETE AS A WHOLE AS THEY:

ACKNOWLEDGE THEIR OWN SKILL AND RESPECT THAT OF OTHERS STRIVE FOR SUCCESS IN THEIR PERSONAL, INTELLECTUAL, AND ATHLETIC ENDEAVORS EXPRESS AND LIVE OUT THEIR IDEAS

LEARN HOW TO SPEAK OUT FOR ONESELF
REACHING THEIR OBJECTIVES OF PARTICIPATING IN COLLEGIATE SPORTS



PLAYER EXPECTATIONS

FULL ACADEMIC YEAR OF PLAYER DEVELOPMENT

- WORK AS A TEAM. RESPECT YOUR COACHES AND TEAMMATES AT ALL TIMES
- BE COACHABLE AND OPEN TO THE COACHES' CRITICISM
- STRIVE TO BE UPBEAT
- VARSITY NATIONAL, REGIONAL AND JV LEVEL TEAMS
- TOURNAMENTS/EXPOSITION
- IN-STATE TOURNAMENTS
- OUT OF STATE TOURNAMENTS
- OPPORTUNITY TO VISIT COLLEGES AND UNIVERSITIES (NCAA, NJCAA, NAIA)
- OPPORTUNITY TO SPEAK WITH COLLEGE COACHES (NCAA, NJCAA, NAIA)
- SKILLS TRAINING
- DAILY VOLLEYBALL PRACTICES
- HIGH PERFORMANCE DAILY WORKOUTS/CONDITIONING SESSIONS
- TEAM SCOUT REPORTS
- TEAM COMMUNITY SERVICE

THE ACADEMY OF CENTRAL FLORIDA

DETAILS OF THE PROGRAM

DISCOVER OUR STATE-OF-THE-ART SPORTS FACILITIES; DESIGNED TO ENHANCE THE PERFORMANCE AND WELL-BEING OF OUR STUDENTS. WE FEATURE A SPACIOUS FITNESS ROOM EQUIPPED WITH THE LATEST IN TRAINING MACHINERY AND WEIGHTS. OUR REGULATION BASKETBALL COURT PROVIDES AN OPTIMAL SPACE FOR TRAINING AND COMPETITIONS, ENSURING A TOP-NOTCH PLAYING EXPERIENCE. ADDITIONALLY, WE HAVE ATHLETIC TRACKS AND OUTDOOR PLAYING FIELDS, IDEAL FOR SOCCER, TRACK AND FIELD, AND OTHER SPORTS PRACTICES. EACH AREA IS DESIGNED WITH THE SAFETY AND COMFORT OF ATHLETES IN MIND.

THE ACADEMY CENTRAL FLORIDA, WE ENSURE THAT OUR STUDENTS ENJOY A SAFE AND COMFORTABLE RESIDENTIAL ENVIRONMENT, WHICH IS WHY ALL OUR HOMES ARE EQUIPPED WITH ESSENTIAL AMENITIES. MOREOVER, TO FACILITATE COMMUTING, WE HAVE AN EFFICIENT TRANSPORTATION SYSTEM. OUR VANS REGULARLY CIRCULATE BETWEEN THE MAIN POINTS AND RESIDENTIAL AREAS, ENSURING THAT STUDENTS CAN GET TO THEIR CLASSES AND ACTIVITIES QUICKLY AND SAFELY.





**GOLD DIVISION
CHAMPIONS**

AggieLand Come and Take it Regional Champions

THE ACADEMY OF CENTRAL FLORIDA SEASON SCHEDULE 2025

- PRE SEASON CLASSIC (COLONIAL HS)
- SEMINOLE CUP (LYMAN HS)
- FOREST LAKE ACADEMY (CELEBRATION HS)
- RIDGE COMMUNITY HS (DAVENPORT HS)
- DAVENPORT HS (APOPKA)
- LAKE MARY INVITATIONAL (TOHOPEKALIGA HIGH SCHOOL)
- COLONIAL HS (CELEBRATION HS)
- FOREST LAKE ACADEMY (TOHOPEKALIGA HIGH SCHOOL)
- LAKE BRANTLEY HS (BISHOP MOORE)
- LAKE BRANTLEY HS (HOME)
- LYMAN HS (HOME)
- CELEBRATION HS (RIDGE COMMUNITY HS)
- DAVENPORT HS (APOPKA)
- LAKE BRANTLEY HS (HOME)
- COLONIAL HS (HOME)
- FOREST LAKE ACADEMY (TOHO HS)
- LAKE BRANTLEY HS (BISHOP MOORE)





THE ACADEMY OF CENTRAL FLORIDA COMMUNITY SERVICE

THROUGH THEIR DEDICATION TO COMMUNITY SERVICE, STUDENT-ATHLETES AT THE ACADEMY OF CENTRAL FLORIDA ARE NOT ONLY MAKING A POSITIVE IMPACT TODAY BUT ARE ALSO DEVELOPING THE SKILLS AND VALUES THAT WILL MAKE THEM EXEMPLARY LEADERS IN THE FUTURE. THEIR EXPERIENCES DEMONSTRATE THE PROFOUND EFFECT THAT GIVING BACK CAN HAVE ON PERSONAL GROWTH AND LEADERSHIP DEVELOPMENT.





THE ACADEMY OF CENTRAL FLORIDA TUITION PACKAGES

BOARDING PACKAGE

- \$63,450 USD

COMMUTER PACKAGE

- \$27,450 USD

BOARDING PACKAGES INCLUDE:

- CHEF CATERED MEALS - 3 PER DAY (MONDAY TO FRIDAY)
- HOUSING
- TRANSPORTATION
- GEAR PACKAGE
- TOURNAMENT PLAY + LODGE





THE ACADEMY OF CENTRAL FLORIDA





**EXPAND YOUR HORIZONS AT THE TOURISM
CAPITAL OF THE WORLD**





THE ACADEMY OF CENTRAL FLORIDA
LET'S CONNECT



INFO@THEACADEMYCFL.COM



[@THEACADEMYCFL](https://www.instagram.com/THEACADEMYCFL)



WWW.THEACADEMYCFL.COM